

# Loughton Masonic Catering Ltd

Contact Details: Phone 07546 053862 E-Mail [lmc.catering@yahoo.com](mailto:lmc.catering@yahoo.com)

## Introductions

All main courses are served with a choice of a potato dish and two vegetables appropriate to the main dish unless otherwise stated.

Tea/Coffee after the meal is included in the meal price. It does not need to be pre ordered.

Tea/Coffee required before a meeting or when called off is extra and must be pre ordered.

Free from Options are also available. Please contact us if required.

If you require meal options not shown on this menu, we will endeavour to accommodate if possible

Themed Meals are also now available. Curry, Thai or Chinese are the current options. Please contact for prices.

Costs shown are per head.

## The Cold Menu

### Cold Starters

Egg Mayonnaise	£1.50
Melon Cocktail	£1.50
Pate & Toast	£2.00
Smoked Mackerel	£2.00
Prawn Cocktail	£2.00
Seafood Cocktail	£2.50
Mixed Hors D'Ouvres	£2.50
Smoked Salmon	£3.00

### Cold Main Courses

Poached Salmon	£18.40
(Served with New Potatoes and Salad)	
Cold Meats Medley (Ham, Chicken, Beef)	£18.40
(Served with New Potatoes, Pickles & Salad)	
All salads are served with Beetroot and Coleslaw	

### Cold Desserts

Trifle	£2.00
Seasonal Fresh Fruit Salad	£2.00
Peach Melba	£2.00
Cheesecake	£2.00
Crème Caramel	£2.00
Strawberry or Chocolate Gateaux	£2.00
Raspberry Cranachan (Traditional Scottish Dessert)	£2.00
Eton Mess	£2.00
Cheese & Biscuits (As an individual Dessert)	£3.00
Cheese & Biscuits (Shared Platters 6-8 Persons)	£5.00

Continued/...

# The Hot Menu

## Starters

Soups, all @ (Asparagus, Broccoli & Stilton, Cock a Leekie, French Onion, Leek & Potato, Lentil & Coriander, Minestrone, Mushroom, Oxtail, Tomato & Basil, Tomato, Vegetable)	£1.50
Deep Fried Whitebait	£2.00
Haggis, Neeps & Tatties (As a starter or an additional course)	£4.00

## Fish Main Courses

Fish Pie & 2 Veg	£12.00
Baked Cod Fillet, Mash & Peas	£15.80
Poached Smoked Haddock, Mash & Peas	£15.80
Crusted Baked Cod Fillet	£17.60
Battered Cod & Chips	£17.60
Pan Fried Sea Bass Fillet	£18.40
Poached Salmon & New Potatoes	£18.40

## Beef Main Courses

Cottage Pie & 2 Veg	£12.00
Braised Steak Garni, 8oz with Dumplings	£17.60
Steak & Kidney Pie or Pudding	£17.60
Steak & Ale Pie or Pudding	£17.60
Steak & Mushroom Pie or Pudding	£17.60
Beef in Red Wine with Dumplings	£18.40
Roast Topside of Beef & Yorkshires	£18.40
Beef Wellington	£20.20

## Chicken/Turkey Main Courses

Roast Breast of Chicken & Stuffing	£15.80
Chicken & Ham Pie or Pudding	£15.80
Chicken & Leek Pie or Pudding	£15.80
Chicken & Mushroom Pie or Pudding	£15.80
Chicken & Vegetable Casserole	£15.80
Coq au Vin	£17.60
Roast Turkey with Trimmings	£18.40

## Lamb Main Courses

Shepherd's Pie & 2 Veg	£12.00
Lancashire Hot Pot	£17.60
Lamb Chops & Grilled Tomato	£19.60
Roast Leg of Lamb & Mint Sauce	£19.60
Lamb Shank	£19.60
Rack of Lamb (3)	£19.60

Continued/...

### Bacon, Pork & Sausage Main Courses

Grilled Gammon, Pineapple & Tomato	£15.80
Sausage (3), Mash & Onion Gravy (Served with Peas & Carrots)	£15.80
Sausage (3), Mash, Baked Beans & Onions	£15.80
Grilled Pork Chop & Apple Sauce	£15.80
Grilled Pork Loin Steak & Apple Sauce	£15.80
Roast Loin of Pork & Apple Sauce	£17.60

### Other Main Courses

Omelette, Plain	£12.00
Omelette, Any Filling	£15.80
Mixed Grill (Steak, Lamb Chop, Gammon, Sausage, Tomato & Mushroom)	£19.60
Christmas Menu (Any starter from the menu; Roast Turkey & Trimmings Served with Roast Potatoes, Sprouts, Parsnips, Swede; Christmas Pudding with a choice of Cream, Custard or Brandy Sauce & Mince Pies). (Only available from November till Christmas)	£23.00

### Vegetarian or Vegan Main Courses

Vegetable Lasagne (with dairy or vegan dairy substitutes)	£15.80
Vegetables Mornay (In cheese sauce or vegan dairy substitute)	£15.80
Vegetable Risotto	£15.80
Vegetable Curry Served with Chutneys & Naan Bread	£15.80
Mixed Mushroom Casserole with Vegan Herb Dumplings (Button, Chanterelle, Shiitake, Oyster)	£15.80

### Desserts

Fruit Pie (Apple, Rhubarb, Apple & Blackcurrant)	£2.00
Fruit Crumble (Apple, Rhubarb, Apple & Blackcurrant)	£2.00
Steamed Sponge Pudding (Jam, Treacle or Sultana)	£2.00
Jam Roly Poly & Custard	£2.00
Spotted Dick & Custard	£2.00
(All served with Custard or Cream or Ice Cream)	
Hot Cherries & Ice Cream	£2.00

### Other

Tea/Coffee & Biscuits prior to the meeting or when called-off	£1.00
---	-------

**WE RESERVE THE RIGHT TO INCREASE OUR PRICES AS AND WHEN NECESSARY. IT MAY NOT ALWAYS BE POSSIBLE TO GIVE NOTICE OF THIS**